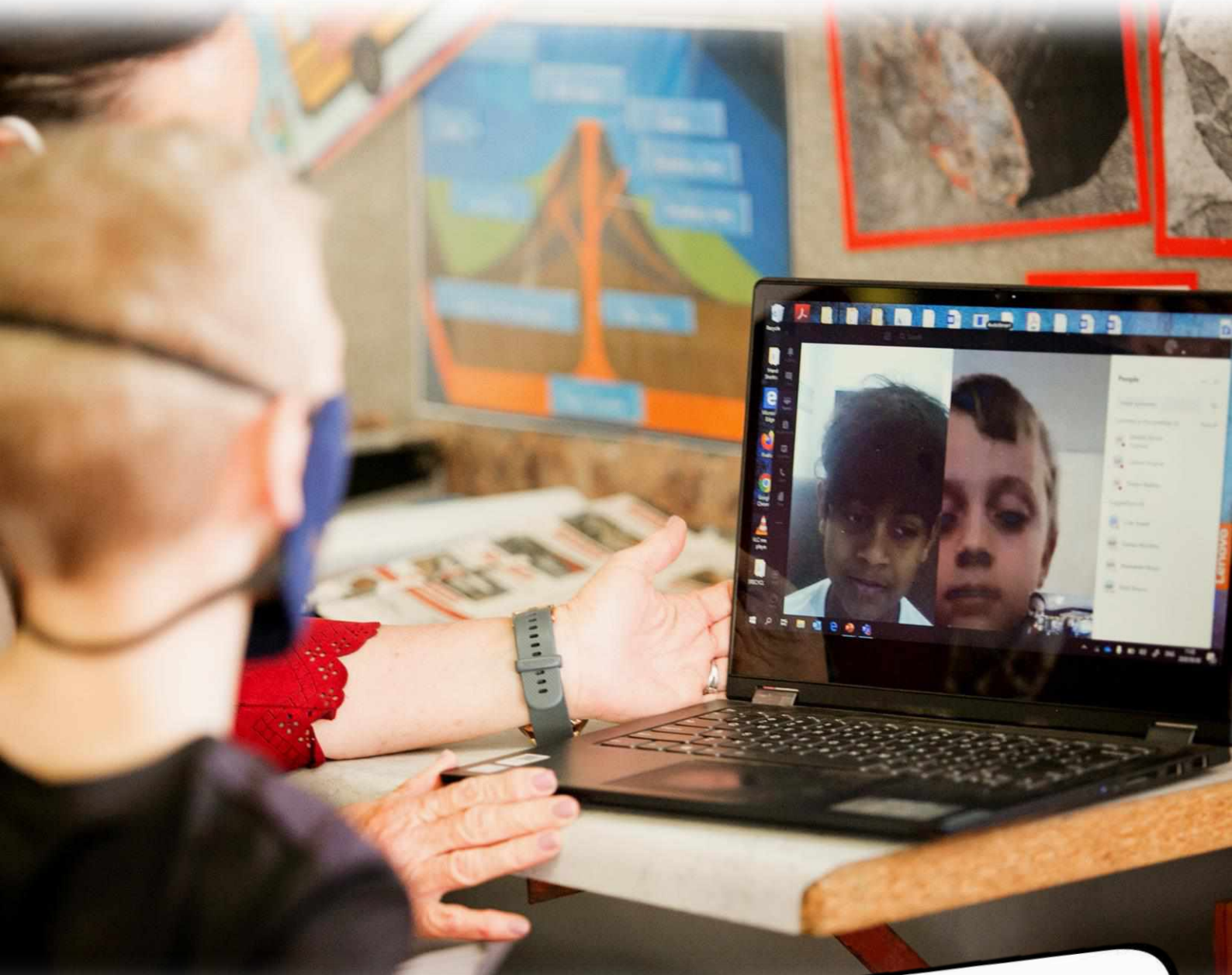


THE Saints *Weekly* ROUND-UP



ARE YOU *following* US ONLINE?

Are you interested in pre-ordering tea / lunch meals for your son during the week? Scroll to the end of the newsletter to see what the "Loving Cup" Tuck Shop has on offer and how to place your orders.

CATCH UP YouTube

Did you miss one of our assemblies this week? Click on any of the below images to watch the corresponding assembly...



MIDDLE SCHOOL
ASSEMBLY
WITH MR COLE-EDWARDES

A MESSAGE FROM OUR
CHAPLAIN, MR DUCASSE



#FLASHBACK Friday

As we think of our Grade 7 Class of 2020, who would have been departing for their much-anticipated Cape Expedition this weekend, our #FlashbackFriday this week takes us back to some of our previous Cape Town trips. A few words shared from Mr Brett Sliedrecht (Head of our Senior Primary), "The coming weekend would have seen excitement reaching a crescendo for the Grade 7 Cape Expedition. While the bitter taste of disappointment is there, our young men have handled this admirably. While we may not be taking to the skies, a surprise awaits the Grade 7 Class of 2020 that may see us doing some low flying..."

"The size of your success is measured by the strength of your desire, the size of your dream, and how you handle disappointment along the way." – Robert Kiyosaki



THIS WEEKS' READING FROM Chapel

"I no longer count on my own righteousness through obeying the law; rather, I become righteous through faith in Christ. For God's way of making us right with himself depends on faith"

Philippians 3:9

KEEP THIS VILLAGE ALIVE...

And Help Grow the Economy

It has been the sudden and devastating reality that some sectors of our economy have been brought to a complete halt. It is important for all of us to understand that without intervention this village we live in will be irreparably harmed.

If you have been in a traffic jam on the highway you will understand that the kilometers of cars do not start moving when the obstruction is cleared. Each stopped car has to start up and start moving to give space for the next car to do the same. While this is happening, at the back of the queue, the cars continue to stack up. If, on the other hand, traffic can continue but at a slower pace, the jam can clear much faster. It is imperative that we do not let the economy grind to a halt.

Why it's important to spend money if you have steady income.

It is a characteristic of these times for those whose income has remained steady, to cut spending – the very opposite to what is needed. Ironically the lower interest rates, lower fuel price and limitations on movement means that for some households, disposable income has actually increased. Unwittingly your incidental expenses have been keeping a chain of employment going – so please don't stop spending entirely.

Suggestion #1 Give a gift voucher to someone and keep our village alive – many families will have had their normal lives disrupted completely and sending them a meal supplied by a restaurant is a great way to revive their spirits and encourage the restaurants and their staff, to keep fighting to stay open.

Suggestion #2 You can now travel within the Province. If you can't go away right now, then consider buying a voucher for a weekend away in the future and negotiate flexible dates; or you may wish to help a company stay afloat by paying a deposit on a stay for the future. Give the voucher to friends or family if you can't get away.

Low interest rates for three years means we should invest in capital expenditure

Take advantage of the stable low interest rates to do renovations on your home. Support those who are good at what they do and add value to your house. Capital expenditure is the most cost effective at this time as you can negotiate prices, and it will keep families alive and give small business owners the courage to keep fighting for their businesses and employees.



We would love to help connect your business with the greater St Charles College community. In order to facilitate this, we would really appreciate the following details pertaining to your business:

Company Logo (jpeg/pdf)

Company Name

Website (URL)

Company Tag Line / Motto

Please email these details to saintsfriends@scc.co.za

We intend to create a page on the St Charles College website where SCC Families are able to promote their businesses as well as support other families associated to our College.

There is no cost associated to this networking opportunity.

Now is the time for us to support the one's closest to us, so please make use of our family network.

We are going to have to work harder

The only way to grow an economy is to increase productivity. This means that for quite some time we are all going to have to adjust to working harder – sometimes just to achieve the same result. Growth can still happen but it will take more effort.

Form an ecosystem

Help each other's business to survive by sharing strategies with those who are struggling and seek partnerships to reduce costs and provide common value. Sharing experience and strategies with other businesses, can be just the kind of encouragement someone needs at this time. We all have networks and helping to promote each other's business could make all the difference.

If you plan to be in business next year - act like it.

Practice *village economics* and prepare yourself for increased economic activity. Take into account that what was considered valuable before, will be thoroughly re-examined by your customers in the future, so there is no such thing as going back to what used to be. We will all need to reintroduce ourselves to a world that has rapidly learnt to think differently. – Mr Allen van Blerk (Principal)

**HAPPY
WOMEN'S
DAY FOR
SUNDAY TO
ALL THE
SPECIAL
WOMEN IN
OUR BOYS'
LIVES!**



**OUR PREP BOARDERS
ENJOYING SOME
AFTERNOON PLAY TIME**



GETTING TO KNOW THE Saints Coaches

Saints Football has enjoyed a purple patch in recent seasons – for good reason. This week we spoke to the man who heads up the football programme, Mr Gary Ritchie, and also interviewed his co-coach at 1st team level, Mr Mzamo Cele; both have been integral to the success of Saints football over the years.

Q&A WITH MR MZAMO CELE

Year that you started coaching at SCC?

2015

Favourite sport other than Football?

Cricket

Favourite activity to relax / destress?

Watch Premier League Football on TV, hiking and having a braai!

Favourite food?

Curry

Favourite holiday?

Kruger National Park

What book should everyone read?

AB de Villiers Autobiography

Which teams do you support?

Chelsea Football Club / Kaizer Chiefs

Most influential coach you had when you were playing (and why)?

Roger Sheppard. He believed in keeping things simple on and off the field and was a very good motivator when things were not going our way. He had a very good saying that I still refer to today: "Work hard, play hard and fall asleep." This is how he believed you should live life.

Best sporting memory as a player?

Running onto the hockey field wearing the SA Schools Jersey for the first time ever.



Q&A WITH MR GARY RICHIE

Year that you started coaching at SCC?

Started coaching in 2002 in the Prep School, 2004 moved into a position in the Sports Department under Mr Dave Karlsen.

Favourite sport other than Football?

Love watching Super Rugby and the intrigue and tactical art of test cricket.

Favourite activity to relax / destress?

Going into the Drakensberg has always been my favourite way to relax.

Favourite food?

Can't beat a good braai with family or mates.

Favourite holiday?

Favourite holiday is a cottage in Karkloof overlooking a trout dam.

What book should everyone read?

Favourite book, The Flea "The amazing story of Leo Messi". In my opinion the greatest footballer to have ever graced this planet.

Which teams do you support?

Football - for all my sins West Ham United just beat relegation this year, Rugby - Sharks, Golf - Rory McIlroy

Most influential coach you had when you were playing (and why)?

I was very fortunate to have played under coach Errol Marcus at Savages football club, he was an astute person with unbelievable tactics and set very high standards for the team, old school coach with excellent principles and attitude in believing in the love of the game. My deceased Dad, was an exceptional mentor and always reminded me of the following "My son if you can't play the part, make sure you look the part."

Best memory as a coach (so far)?

Winning the PMB FA Cup for the 1st time.

Your 5 coaching non-negotiables:

- 1) Discipline is always key
- 2) Never give up
- 3) Teamwork
- 4) Learn as much as possible (be a sponge)
- 5) Hard work

The Saints 1st team for 2020 was primed to be a strong, well-balanced group with a healthy mix of experience and young talent. The regulars who are currently in matric have officially ended their Saints Football career (with a penalty shootout win at last year's FA Cup). Can you give the readers some insight into the football strengths of our senior players who leave Saints at the end of this year?

In the 1st team we don't only have talented seniors but very good leaders amongst the seniors. They did not just talk the talk but also walked the walk, because when we needed a leader it did not only come from the Captain but also from his fellow senior teammates as well. This has had a ripple effect on the juniors because, not only do they feed off the leadership, but they also have learnt to push hard and work to a certain standard that is only accepted within the team environment. Having these seniors lead the team the way they did helped us achieve another FA Cup win in very stressful circumstances (penalty shoot-out). I honestly feel that our seniors have left such a strong imprint on the team that the leadership will continue rather than end once they have left the school.

Best sporting memory as a player?

Playing KZN schools in primary school and Natal schools in high school.

Best memory as a coach (so far)?

Having been given the trust and freedom to coach the 1st team at St Charles College, and winning the PMB FA Cup on two occasions.

Your 5 coaching non-negotiables:

1. Punctuality of players at practice and on match day.
2. Discipline on and off the field - no player is bigger than the game.
3. No place for individuals in a football team, if you play for the team, the team will shine.
4. Work ethic is most important, if you prep well during the week, the weekend match will go well.
5. Respect the game, teammates, coaches and officials.

There have been a number of boys through the system who have gone on to play Football at a higher level. Can you summarise the recent Saints Football success stories and are there any current leavers who are looking to go on to higher honours?

There is a number of boys who have shone out of school, the most recent is Kameel Khan who is involved in the Maritzburg United senior setup. The current St Charles College skipper, Sanele Mdingi, made the SA Schools U19 team last year, and is negotiating a scholarship to the USA to play at University level, I expect big things from him as he is a very talented and smart player.



ZK TUESDAYS...

On Tuesdays, all the boys from Grade 3 to 7, run around the perimeter of the College for their Wellness lesson. The route is 2.2ks long. The boys have thrived in pushing themselves beyond their limits and many have tapped into their potential. On Fridays, we then acknowledge those boys, classes and grades, that have been very impressive.

This week, it was the Grade 3s time to shine as they came out on top earning themselves the best grade. They had 3 boys who ran under 10mins, 2 boys who won the most improved and also had the least number of boys coming home over 16mins.

Congratulations to all the other gold medal winners for running in under a certain time, and the silver medal winners for improving on their personal best times.
– Mr Gregg Cole-Edwardes
(Head of Prep Sport)



SCC DEBATING LEAGUE GOES *Online*

COVID-19 has given us many 'firsts' and online debating is one of those firsts.

St Charles College this week competed against Girls High School and came away with a mixed bag of results. The second round of debates will be against Alexandra High School in the near future.

- Ms Roselyn Dredge (Cultural Coordinator)

- Senior SCC 1 team lost to GHS 1.
- Junior SCC team beat the Junior GHS team.
- SCC 1 Grade 8 team lost to GHS 1
- SCC 2 team beat GHS 2.



"This week's debate against GHS was rather exciting but also quite unusual. This was our first time debating online and it was quite different. A big difference for me was not being able to see the reactions of the people in the room as I spoke and the debate felt a lot less personal.

Nevertheless, we managed to take home the win."

- NIKHIL DARSON (GRADE 10 SCC JUNIOR DEBATING TEAM)



SENIOR SCHOOL Artwork OF THE WEEK

Our *artwork of the week* for this week's newsletter belongs to Jackob Sisia in Grade 11.

It is part of his coursework portfolio involving looking at people on this continent and celebrates his roots and heritage.

The artwork was completed using pieces of paper cut out of magazines and arranged to form the face.

– Ms Mary-Ann Hartley

CAPTURING *Kindness* ON CAMPUS...

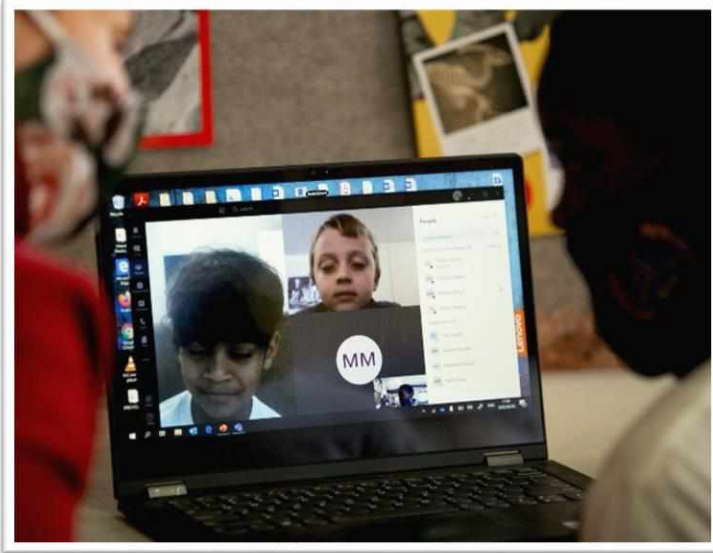
A secret mission to spread **KINDNESS** took place early this morning on the Saints campus! On desks, printers and chairs, in the workshop and technical facility, outside office doors and on school bags; special little notes of kindness with a few sweet treats started popping up all over campus!

So, who was responsible for these special acts of kindness? Rumour has it that our Grade 0 boys have been learning all about the letter "K" recently and have spent some time focusing on the importance of kindness. With the help of their teachers the boys went on a mission to brighten everyone's day!

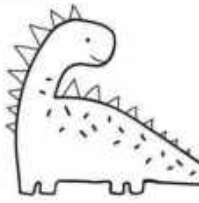


NEWS FROM THE *Junior Primary*

Although we are back at School, we have a handful of boys who have, for various reasons, been unable to physically return just yet and so earlier this week, our Grade 2 boys linked up with the distance learning boys to learn a bit about dinosaurs and have a chance to catch up and say \ HI /

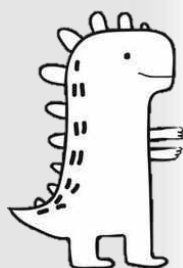


LEARNING ABOUT
DINOSAURS AND DOING
VOLCANO ART IN *Grade 2*



MODEL MATHS IN *Grade 3*

Our Grade 3 boys have been enjoying some time working on their model maths outdoors...



GRADE 3 MUSIC Lesson



GRADE 1 Reading



HANGING OUT IN Scrummies

